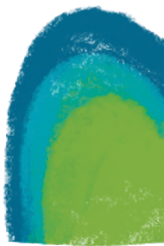
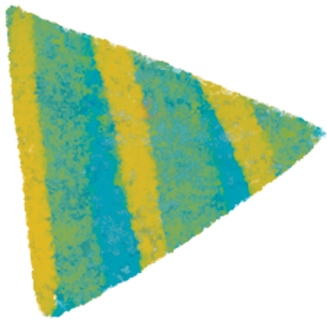


Starting Points

Choosing What Matters



Name: _____

Introducing Values: What matters to you?

You will view a set of values, or words that represent things that matter to different people your age.

As you view or cut each of the cards, think about what the word means to you.

Value Cards



Cut out the value cards below.



Honesty

matters to me

Amplify.



Courage

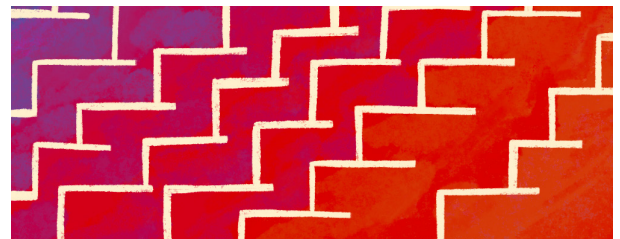
matters to me



Creativity

matters to me

Amplify.



Hard work

matters to me

Amplify.

Value Cards



Cut out the value cards below.



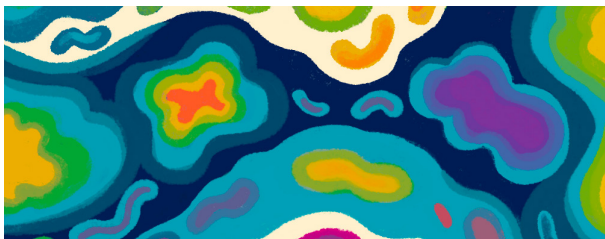
Learning
matters to me

Amplify.



Friendship
matters to me

Amplify.



Laughter
matters to me

Amplify.



Athleticism
matters to me

Amplify.

Value Cards



Cut out the value cards below.



Family

matters to me

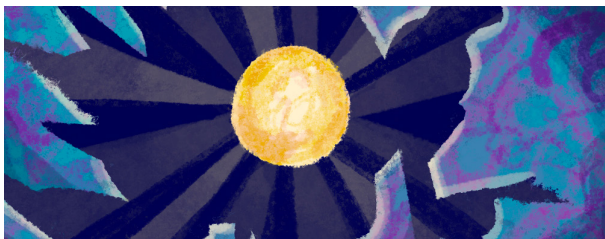
Amplify.



Independence

matters to me

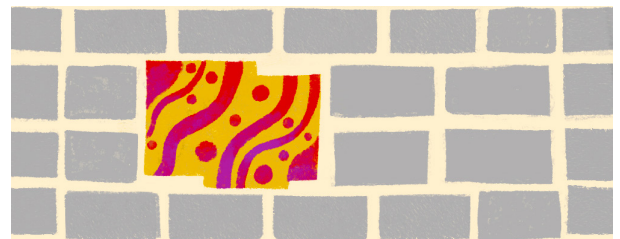
Amplify.



Truth

matters to me

Amplify.



Originality

matters to me

Amplify.

Value Cards



Cut out the value cards below.



Revolution

matters to me

Amplify.



Pride

matters to me

Amplify.



Community

matters to me

Amplify.



Individuality

matters to me

Amplify.

Value Cards



Cut out the value cards below.



Kindness

matters to me

Amplify.



Compassion

matters to me

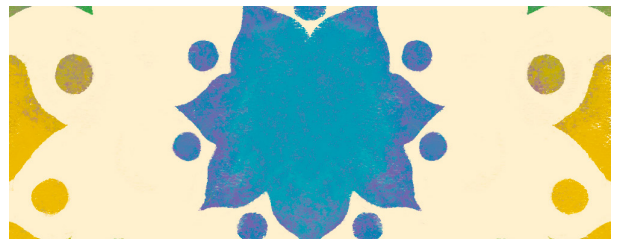
Amplify.



History

matters to me

Amplify.



Faith

matters to me

Amplify.

Value Cards



Cut out the value cards below.



Style

matters to me

Amplify.



matters to me

Amplify.



matters to me

Amplify.



matters to me

Amplify.

Name: _____

Let's sort them!

Now that you've started to think about what matters to you, you're ready to start sorting your own set of Value Cards. If you don't see the Values that matter to you, feel free to write in your own!

Then, sort each card into 1 of 4 categories:

Most Important

Really Important

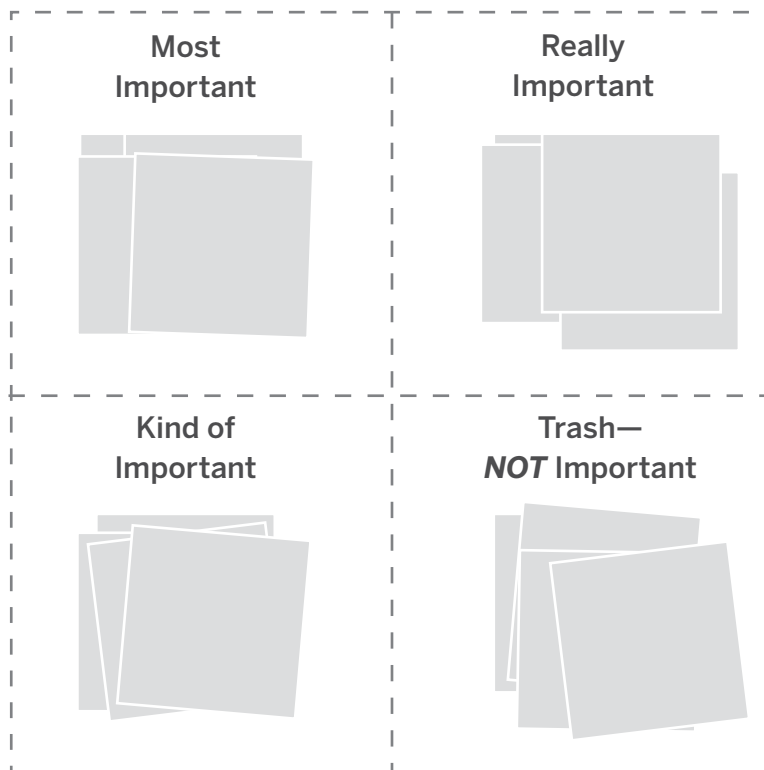
Kind of Important

Trash—not important

Keep in mind, there are no right or wrong answers here. In fact, the same person might sort their values differently at different moments in their life. Your ranking list continues to change and evolve over time—as you do, too!

Keep going until all your cards have been sorted.

Example:



Name: _____

Let's sort them! (continued)

**Most
Important**

**Really
Important**

**Kind of
Important**

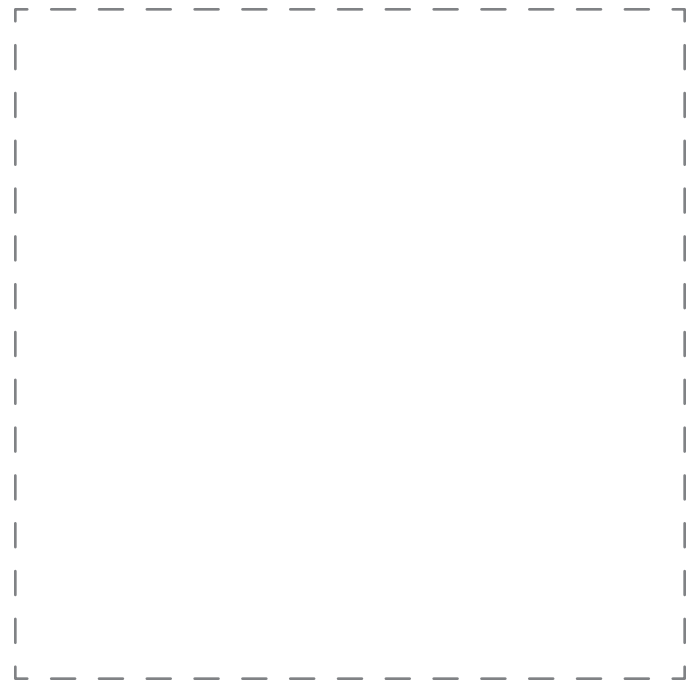
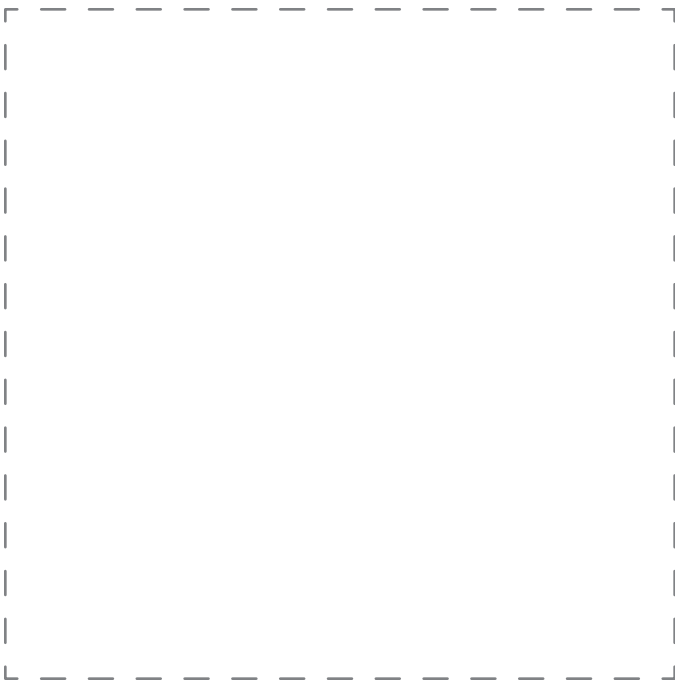
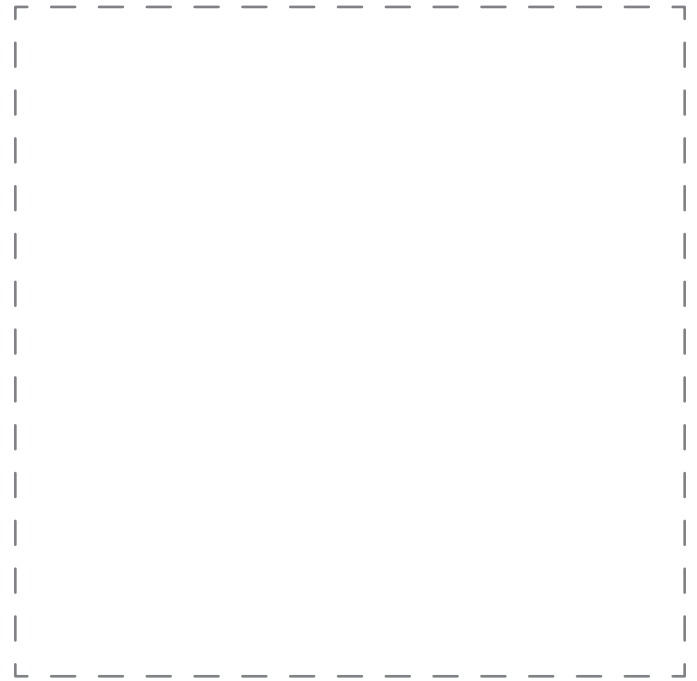
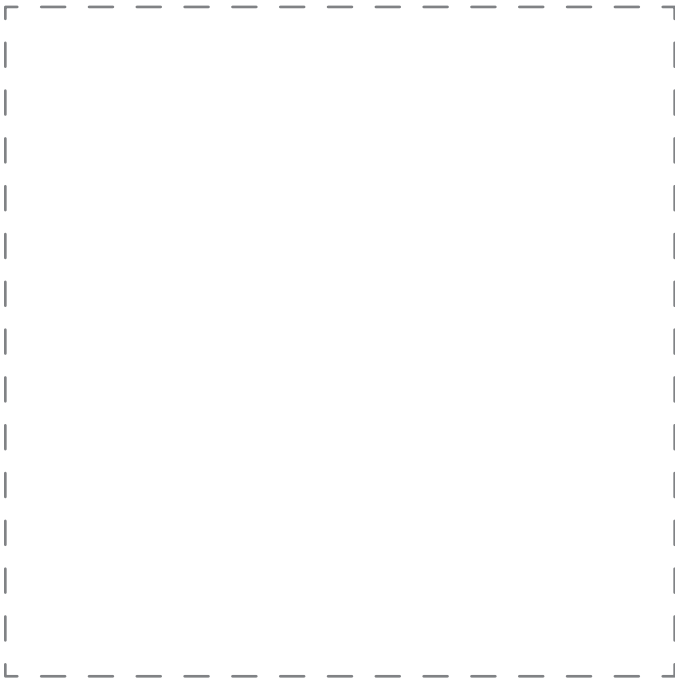
**Trash—
NOT Important**

Name: _____

Now we rank!

Be sure your Most Important section contains at least 1 Value Card and no more than 4 value cards. The other sections can be as many or as few cards as you like!

Add those below.



Name: _____

Let's make some meaning!

Great! Your next step is to find or make something that shows what your **most important** values mean to you.

This is your chance to let your imagination run wild: tell a story, draw a picture, copy a meme you find online, write the lyrics to a song, make a collage... the sky's the limit!

See some student samples below.

Sample Responses:

Here's a collage that shows what creativity means to me.



Here's a rap that shows what family means to me.

she puts on the mask in the dark every morning
while I sleep, sound and deep, out the door long before any of us
are awake. I can't take the suspense
cuz I reckon any second, it could break her, and then
I tell all my friends I can fend for myself
but I'm scared cuz she there, she defending our health
she ain't try to be a hero, never flaunt that she brave
don't matter what she ask for, she want to get paid
a sign in the window that says, "thanks to the frontline"
a sign ain't finna pay the bank or the lunch line
wanna see some honesty? then I'll be blunt, fine:
reopening's a joke, and her safety's the punchline
in face of infection, for me I'll be fearless
but that's not protecting the people I'm nearest
I don't know who's listening, who needs most to hear this:
you could have stopped it—don't wonder why we're pissed

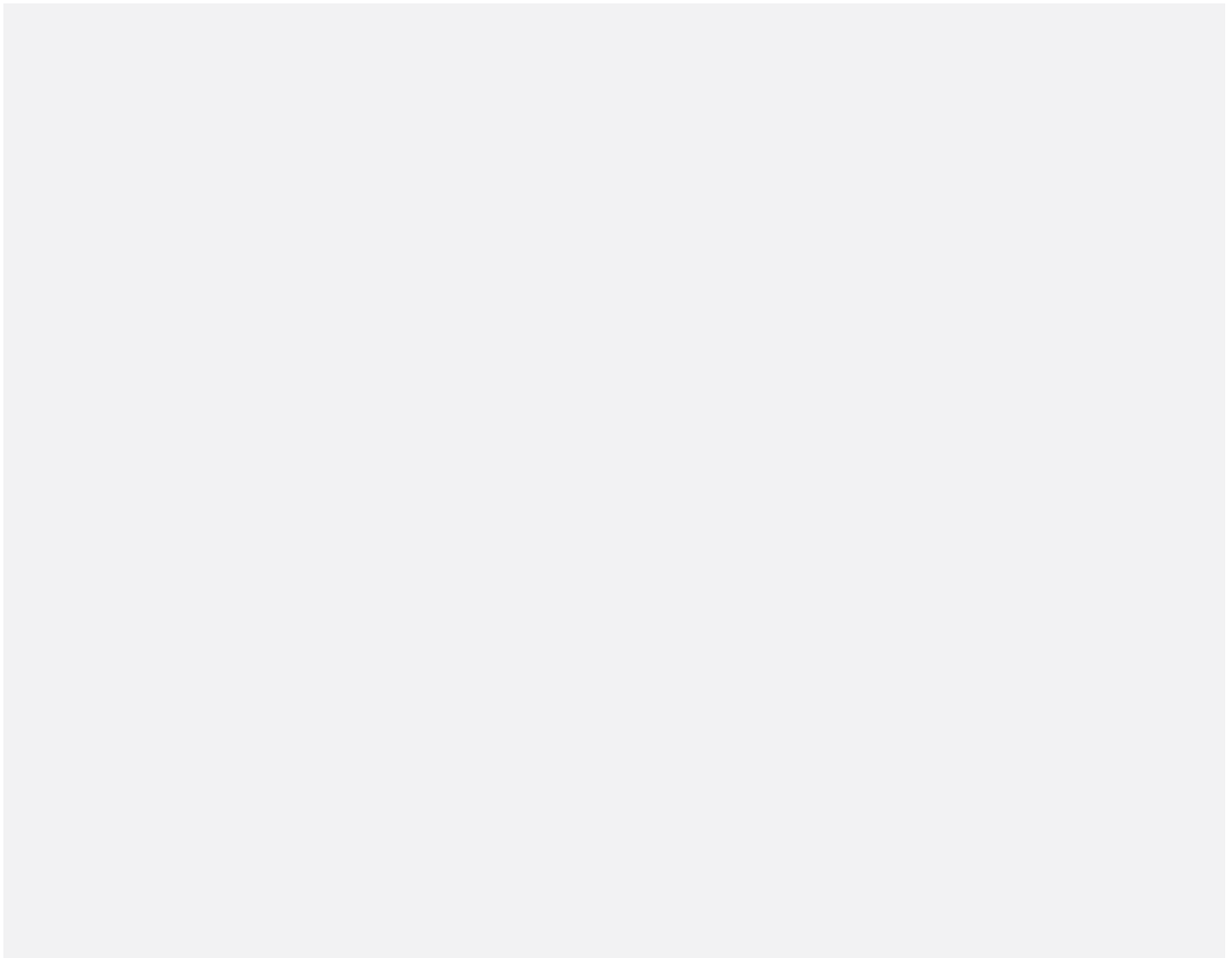
Name: _____

Let's make some meaning! (continued)

Choose 1 of your **Most Important** values and use the space in the box below to show us what it means to you. Remember, anything goes!

Here's a _____ that shows what

_____ means to me.



Name: _____

Now tell us about you!

In one paragraph, tell us about a time when you acted on this value.

**Need help? Try thinking about:
How did it feel to be able to
express your values? How
did others react? What did
you learn about yourself?**

Name: _____

Now tell us about you!

In one paragraph, tell us about a time when you acted on this value.

**Need help? Try thinking about:
How did it feel to be able to
express your values? How
did others react? What did
you learn about yourself?**
